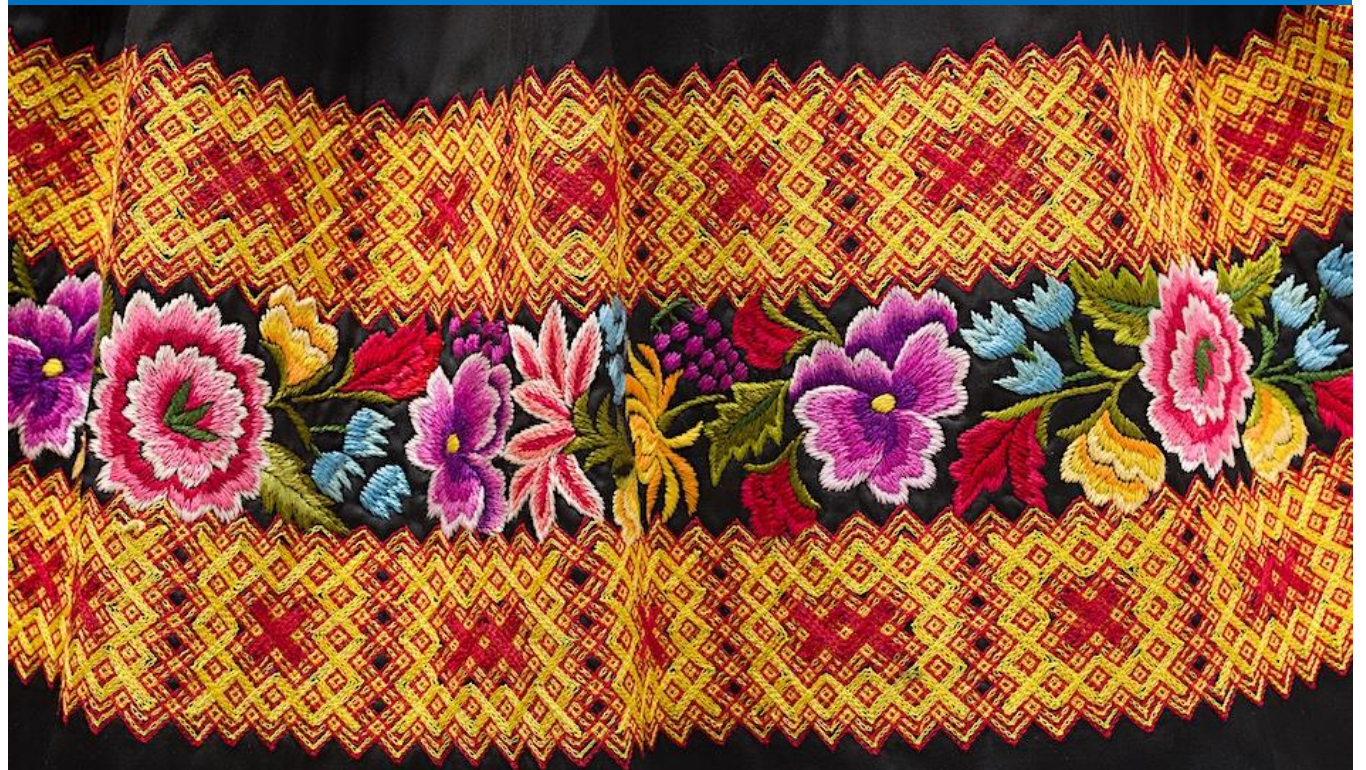


FRIDA KAHLO'S MEXICO

Textiles, Arts & Crafts

May 23 – June 7, 2026

Feet, what do I need you for when I have wings to fly? - Frida Kahlo





Tour Overview

This tour explores Frida Kahlo's art and her profound love for her country. She wore indigenous clothing. She collected ceramics, toys and other expressions of popular culture. In 1929 she married the muralist Diego Rivera, whose frescoes paid homage to the ancient cultures of Mexico and evoked the regional traditions of their own day. Together with other members of their circle, they embraced Mexican culture, which had long been undervalued by Europeans.

Frida Kahlo loved dressing in Tehuana style, as shown in her many self-portraits and photographs. As guests during La Vela Sandunga festival on the Isthmus of Tehuantepec, we will appreciate the very finest embroidered Tehuana clothing and enjoy music, dancing, food and drink to mark an unforgettable journey with Frida.

Highlights

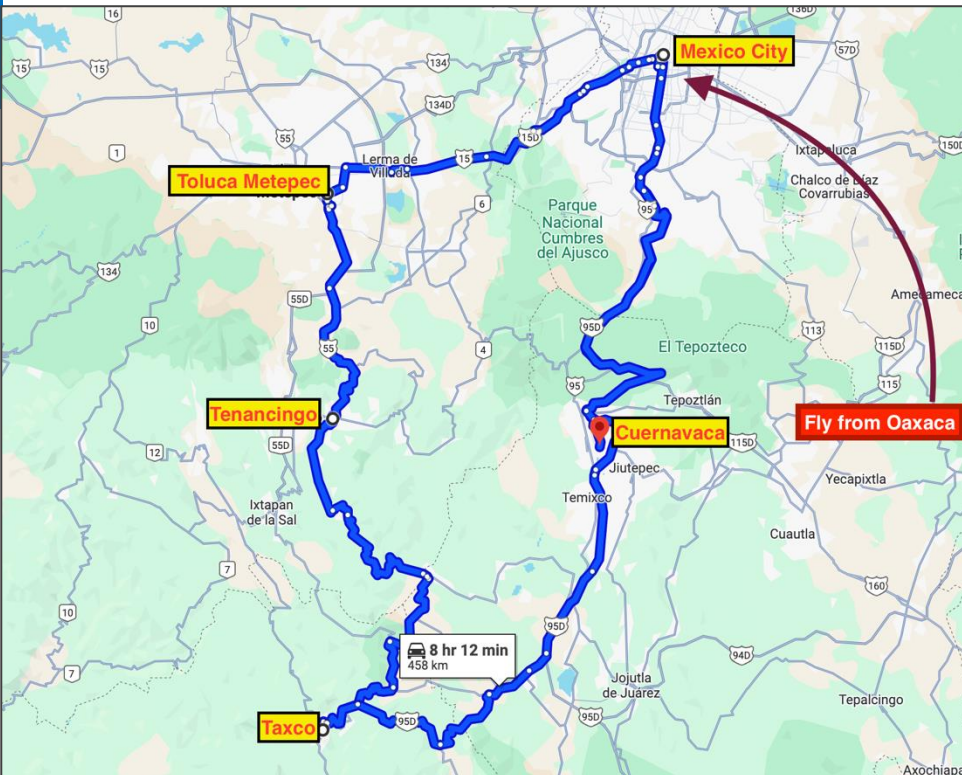
- Textile collections and artist families whose creativity inspired Frida
- Award-winning makers and designers in backstrap and treadle loom weaving, tapestry-woven rugs, ceramics, tinsmithing, ikat-patterned *rebozos*, paper-cut banners, silversmithing, natural dyeing, embroidery and more
- Museums pertaining to Frida Kahlo and Diego Rivera
- Archaeological site of Monte Albán
- Craft markets and culinary beats
- Tehuana festival of La Vela Sandunga
- Lectures by Chloë Sayer

Led by Scholar and curator Chloë Sayer

16 days' immersion in the ancient civilizations
and rich traditions of Frida's Mexico

Chloë Sayer is an independent scholar and curator, specialising in Mexican art and culture. The author of numerous books about textiles and craft skills, she was guest-curator of the exhibition *¡Viva México! Clothing and Culture* at the Royal Ontario Museum, where she is a Research Associate. She lectures widely and has made ethnographic collections for the British Museum. In 2016 she was given the prestigious Ohtli award by the Mexican government to thank her for her enduring commitment to Mexican culture.





TOUR AT A GLANCE

15 nights/16 days May 23 – June 7, 2026

- 6 nights Oaxaca City
- 3 nights Santo Domingo Tehuantepec
- 2 nights Metepec
- 1 night Taxco
- 3 nights Mexico City

COST

based on max 16 pax. For pricing based on group size, see P. 9

USD 5990 pp in twin shared room
Add USD 1270 for own room throughout

Included

- Chloe Sayer's conceptualization and leadership
- Accompanied by EYHO Tour Manager
- Accommodation in ambient 3-4* hotels
- Daily breakfast
- Several lunches and dinners, including welcome and farewell dinners
- All Private transportation
- 4 lectures by Chloë Sayer
- All taxes and fees
- All monument and museum entrance fees
- Group airport transfers
- Multiple artisan studio and workshop visits with demos
- Flight Oaxaca City to Mexico City

Excludes

- International flights
- Regional flights other than included
- Incidental expenses
- Alcoholic beverages at included meals
- Travel Insurance
- Gratuities

Contact: shila@eyhotours.com

[FAQs](#)

Getting there and back



COSTS

USD	15-16 pax	13-14 pax	12 pax
Per person double occ.	5990	6140	6350
Single occ. (own room)	1270	1270	1270

REGISTRATION

- Contact shila@eyhotours.com
- Deposit USD 800 to register
- Minimum 12 | Maximum 16.
- Tour starts Oaxaca City) and ends in Mexico City

Terms and Conditions

For your complete peace of mind, we are TICO (Travel Industry of Ontario) accredited #50023991

WHAT'S INCLUDED

- Led by Chloë Sayer, author, curator, expert on Mexican textiles, arts and crafts
- Accompanied by E.Y.H.O. tour manager
- All accommodation in select 3- and 4-star boutique hotels
- Road transport in private AC vehicles
- All guided tours and sightseeing, except noted
- All entrance fees at museums and sites
- All breakfasts, 8 lunches, and 2 dinners
- Lectures by Chloë Sayer
- Internal flight Oaxaca City to Mexico City

WHAT'S NOT

- International airfare
- Tipping and gratuities
- Travel insurance